

## Baked Oatmeal Bars

3 c. old fashioned oats  
1 c. dried cranberries  
¾ c. brown sugar  
2 tsp. cinnamon  
1 tsp. salt

4 egg whites, lightly beaten  
3 c. fat-free milk  
¼ c. canola oil  
1 T. vanilla

In a large bowl, combine oats, cranberries, brown sugar, cinnamon and salt. In another bowl, whisk egg whites, milk, oil and vanilla. Stir into the oat mixture. Pour into a 9 x 13-inch pan, coated with cooking spray. Bake at 350° for 50 - 55 minutes. When cool, cut into squares. Makes 12 servings.

**Note:** These squares may be individually wrapped and frozen. For a half recipe, use an 8x8-inch pan and bake for just 45 minutes.

**Created By:** P.E.O. Chapter FS

**From:** Sisters, OR

**Proceeds Support:** Scholarships for women

**Gross Sales:** \$10,000

### Special Features:

*Savoring Sisters – Recipes from P.E.O. Chapter FS* lives up to the tradition of the philanthropic organization that put it together. The entirety of the cookbook proceeds are dedicated to scholarship money for women in their community. To create an attractive and unique product, the Sisterhood also took advantage of several optional features. Photographs taken in their community were showcased on the custom cover and tabbed dividers. From “Awesome Beginnings” to “Enticing Entrees” and “Savory Sides” the recipes are sure to please. These personal touches, along with the educational opportunities provided for local women, make this cookbook a keepsake that this community can be proud of.

